

Information Sheet No 19

Intravenous Sedation

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Intravenous Sedation

Important Instructions For Your Safe and Comfortable Treatment

Note: Should you be ill, have a cold or sore throat, please contact the sedation clinic the day before your appointment at the latest.

What To Do Before Your Appointment On The Day Of Treatment

A responsible adult must accompany all patients home.

DO arrive for your appointment 15 minutes early, so that pre-treatment documentation can be completed

DO remove contact lenses before your treatment

DO remove all make-up, particularly lipstick and nail varnish before your appointment

DO remove jewellery before attending for your appointment

DO continue to take routine medication unless the dental surgeon advises otherwise

DO wear loose fitting and comfortable clothing. It is particularly important for sleeves to be loose

DO inform the dentist if you are breast-feeding

DO NOT eat or drink for 4 hours prior to your appointment

DO NOT drink any form of alcohol on the same day as your appointment

DO NOT bring anyone with you other than a responsible adult who will take you home

Special Precautions After Intravenous Sedation

DO rest for a few hours and spend the rest of the day quietly

DO eat light and easily digestible food for the rest of the day

DO NOT drive any vehicle, operate machinery, use cookers, kettles or irons or make any business decisions on the same day as your treatment. Your reflexes and judgment may have been affected

DO NOT drink any form of alcohol until the following day.