

Before The Sedation Visit

- You can have a light meal and non-alcoholic drinks up to 2 hours before the appointment
- Do not consume alcoholic drinks for 24 hours before your sedation appointment.
- Tell the dentist if you have been prescribed any new medicines or have visited a Doctor since your previous visit
- Take any prescription medicines as normal; the dentist will have already checked that these are compatible with the sedative used.
- Wear FLAT heeled shoes as you will be unsteady on your feet for a couple of hours following the Sedation visit.
- You MUST bring a responsible adult with you to the sedation visit. They MUST remain here during your treatment and MUST escort you home. We will not be able to carry out the sedation treatment unless this person is actually present. It is a legal requirement that they remain in the practice during your treatment.
- Do not wear any nail varnish or false nails as we need to place a pulse monitor that shines a light through your fingernail during the treatment.

After The Sedation Visit

- DO NOT drive a vehicle for 24 hours
- DO NOT operate machinery, look after small children or carry out any dangerous tasks requiring concentration for 24 hours.
- Do not consume alcohol or sleeping tablets for 24 hours following sedation as these may interact with the sedative that is still in your body
- Ensure you have a responsible adult with you for 24 hours.

Cancellation charges

As sedation appointments are long, cancellation charges apply. Any appointment cancelled within 48 hours will incur the full deposit fee.